

ADVERBS

1 MATCH EACH PAIR OF ADVERBS WITH A PAIR OF SENTENCES.

- right now / actually
- especially / specially
- ever / even
- hard / hardly
- in the end / at the end
- late / lately
- near / nearly
- still / yet

- 1 He trains very _____ at least three hours a day.
It's incredibly foggy. I can _____ see anything.
- 2 I hate it when people arrive _____ for meetings.
I haven't heard from Mike _____. He must be very busy.
- 3 _____ of a movie I always stay and watch the credits roll.
I didn't want to go, but _____ they persuaded me.
- 4 I love most kinds of music, but _____ jazz.
My wedding dress was _____ made for me by a dressmaker.
- 5 She looks younger than me, but _____ she's two years older.
_____ they're renting a house, but they're hoping to buy one soon.
- 6 I'm _____ finished with my book. I'm on the last chapter.
Excuse me, is there a bank _____ here?
- 7 Have you found a job _____?
He's 35, but he _____ lives with his parents.
- 8 Have you _____ been to the US?
I've been all over the US - I've _____ been to Alaska!

2 READ THE SENTENCES. THEN MATCH THE BOLD ADVERBS WITH DEFINITIONS 1-8.

- a. I thought the job was going to be difficult, but **in fact** it's very easy.
- b. It took us over five hours to get there, but **eventually** we were able to relax.
- c. **Ideally**, we would go to Australia if we could afford it.
- d. **Basically**, it's a pretty simple idea.
- e. I thought they'd broken up, but **apparently** they're back together again.
- f. ...so you can see it was a really awful weekend. **Anyway**, let's forget about it and talk about something else.
- g. She's only 14, so **obviously** she can't stay at home on her own.
- h. She's been sick for weeks, but **gradually** she's beginning to feel better.



BEST WAYS TO STUDY

- 1 in a perfect world
- 2 the truth is; actually (used to emphasize something, especially the opposite of what was previously said)
- 3 in the most important ways
- 4 clearly (used to give information you expect other people to know or agree with)
- 5 little by little
- 6 according to what you have heard or read
- 7 in any case (used to change or finish a conversation)
- 8 in the end; after a series of events or difficulties

3 COMPLETE THE SENTENCES FROM THE VIDEO "SCIENTIFICALLY PROVEN BEST WAYS TO STUDY"

- 1 For those of us _____ school who are trying to figure _____ the most effective way to study, science is here to help.
- 2 While it has been traditionally thought that _____ hours in front of the computer or in the library are required to _____ study time, this is actually not _____ case.
- 3 It _____ out smart studying is a lot more _____ than we might have thought.
- 4 First of all, exercise is an _____ helper.
- 5 Exercise releases an important blend of mood-altering hormones including dopamine, serotonin, and norepinephrine, _____ enhancing brain performance and information _____.
- 6 These exercise sessions also help break up study sessions, avoiding _____, a scientifically _____ method.
- 7 Although this may seem easy, it is _____. A study from Washington University found that testing is _____ more effective than rereading.
- 8 All-night study sessions don't work as our ability to process information is _____ and the information overload is overwhelming.

4 DISCUSS THE FOLLOWING QUESTIONS:

1. What are your favorite study techniques?
2. How do you typically prepare for a test or exam?
3. Do you prefer to study alone or with others? Why?
4. What do you do when you are having difficulty understanding a particular topic or concept?
5. What is the most challenging subject you have ever studied? Why was it difficult?
6. Have you ever used a tutor to help with your studies? How was the experience?



BEST WAYS TO STUDY

7. Do you prefer to take handwritten notes or use a laptop for note-taking? Why?
8. Do you think studying in groups is more effective than studying alone? Why or why not?
9. How do you balance your studies with other responsibilities, such as work or family obligations?
10. How do you avoid distractions when studying, such as social media or phone notifications?
11. What do you think is the best way to remember information for a test or exam?
12. What methods do you use to retain information for the long term? Do you reflect on the material, test yourself, or discuss it with others?
13. Do you prefer to study in silence or with music? What types of music, if any, do you find helpful for your focus and mood?
14. What is your experience with cramming?

